



## PROMOTE Mobility Award (Application and Budget)

Please note that only PROMOTE Graduate trainees are eligible to receive a one-time PROMOTE Exchange Award. Exchange awards are worth up to \$2200 per lab and are to help cover the costs of completing one exchange after seeking external mobility awards first. Applications must be sent to Dr. Anne Noronha (Program Co-ordinator) at least **TWO MONTHS** prior to your departure for the Exchange.

Name of Student: \_\_\_\_\_

Your Institution \_\_\_\_\_

Host Supervisor and Institution Abroad \_\_\_\_\_

Location of Exchange (City/State/Country) \_\_\_\_\_

Start and end of dates of your stay: \_\_\_\_\_

This form is intended to act as a sample only and does not constitute a binding statement with regards to your personal finances while abroad.

Proposed or Estimated Expenses (Canadian \$)	
Airfare/Travel Expenses	\$ _____
Accommodations	\$ _____
Living Expenses if applicable (utilities)	\$ _____
Health /Travel Insurance	\$ _____
Local Transportation	\$ _____
Fees for Visa/Residence Permit	\$ _____
Total Expenditures	\$ _____

List your sources of Funding	
Institution Mobility Award if applicable	\$ _____
Other travel bursary	\$ _____
	\$ _____
	\$ _____
Total amount of funding	\$ _____

PROMOTE Fund request	
Total Expenditure (Estimate)	\$ _____
(minus) - Total amount of funding	\$ _____
Amount remaining (unfunded) and requested from PROMOTE	\$ _____

Name /Signature (Supervisor) \_\_\_\_\_ Date: \_\_\_\_\_

Please attach relevant quote/estimates/emails.